# CRISIS SOLUTIONS NORTH CAROLINA NEW HANOVER

Crisis Services for New Hanover County are managed by: Trillium Health Resources

## YOU HAVE A CHOICE ABOUT HOW TO GET SERVICES WHEN YOU ARE IN A CRISIS

#### Phone First...

**Trillium Health Resources** Access Center is available 24 hours a day, 7 days a week. Customer Service Specialists will assist you to find a crisis provider that is well-matched with your needs. Your local number is: **877-685-2415** 

If you already have a service provider, call them first. Providers who know you are usually best prepared to assist you in a crisis.

## Have Support Come to You...

Crisis situations are often best resolved at home. Mobile Crisis Teams are available 24 hours a day in all counties. Professional counselors will speak with you and your family during a visit. They have an average response time of 2 hours. This service is provided by:

RHA Behavioral Health Services 855-345-1200

## Go To A Crisis Center...

Many counties have a specialized crisis center where you can walk in for a crisis assessment and referrals to additional services. Appointments are not needed. The crisis center in your county is provided by:

RHA Behavioral Health Services 2023-1B S. 17th Street Wilmington NC 28401 855-345-1202 Monday -- Saturday – 8:00 a.m. - 5:00 p.m. (M-F); 10:00 a.m. - 6:00 p.m. (Sat.)

Additional Resources:

https://www.stopbullying.gov/sites/default/files/2017-09/training-module-2016.pdf National Suicide Prevention Lifeline online or at 1-800-273-TALK (8255). https://www.stopbullying.gov/get-help-now/index.html