

CRISIS SOLUTIONS NORTH CAROLINA COLUMBUS

Crisis Services for Columbus County are managed by: [Trillium Health Resources](#)

**YOU HAVE A CHOICE ABOUT HOW TO GET SERVICES WHEN YOU ARE IN A
CRISIS**

Phone First...

Trillium Health Resources Access Center is available 24 hours a day, 7 days a week. Customer Service Specialists will assist you to find a crisis provider that is well-matched with your needs. Your local number is: **877-685-2415**

If you already have a service provider, call them first. Providers who know you are usually best prepared to assist you in a crisis.

Additional Resources:

<https://www.stopbullying.gov/sites/default/files/2017-09/training-module-2016.pdf>

[National Suicide Prevention Lifeline](#) online or at 1-800-273-TALK (8255).

<https://www.stopbullying.gov/get-help-now/index.html>