# CRISIS SOLUTIONS NORTH CAROLINA Brunswick

Crisis Services for Brunswick County are managed by: Trillium Health Resources

## YOU HAVE A CHOICE ABOUT HOW TO GET SERVICES WHEN YOU ARE IN A CRISIS

### Phone First...

**Trillium Health Resources Access Center** is available 24 hours a day, 7 days a week. Customer Service Specialists will assist you to find a crisis provider that is well-matched with your needs. Your local number is: 877-685-2415

If you already have a service provider, call them first. Providers who know you are usually best prepared to assist you in a crisis.

## Have Support Come to You...

Crisis situations are often best resolved at home. Mobile Crisis Teams are available 24 hours a day in all counties. Professional counselors will speak with you and your family during a visit. They have an average response time of 2 hours. This service is provided by:

RHA Behavioral Health Services 855-345-1200

#### Go To A Crisis Center...

Many counties have a specialized crisis center where you can walk in for a crisis assessment and referrals to additional services. Appointments are not needed. The crisis center in your county is provided by:

RHA Behavioral Health Services

New Hope Clinic- 201 W. Boiling Spring Rd, Southport NC 28461 855-345-1200

Monday -- Friday – 8:00 a.m. - 5:00 p.m.

## Additional Resources:

https://www.stopbullying.gov/sites/default/files/2017-09/training-module-2016.pdf
National Suicide Prevention Lifeline online or at 1-800-273-TALK (8255).
https://www.stopbullying.gov/get-help-now/index.html